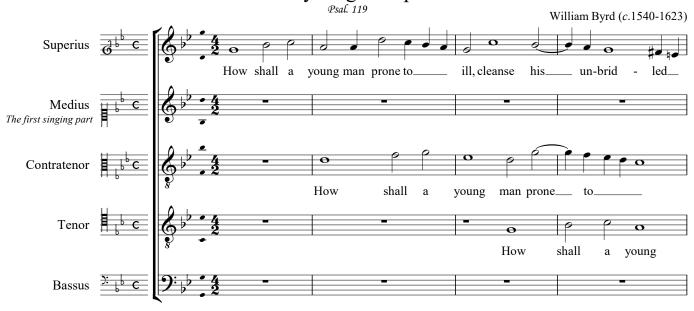
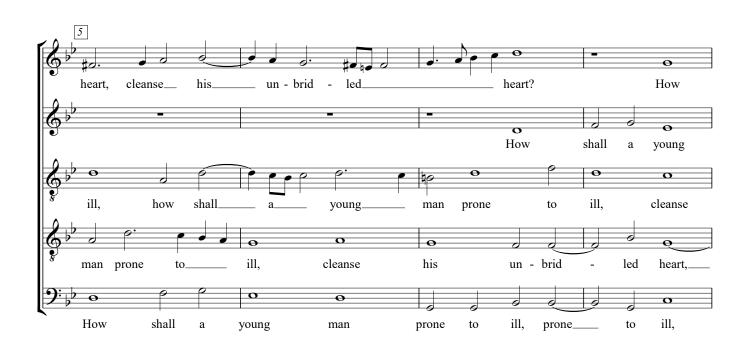
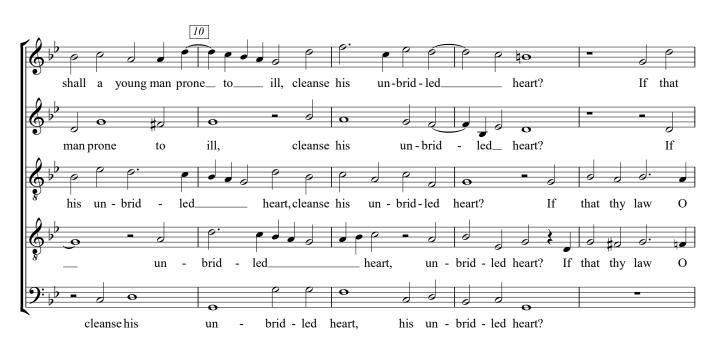
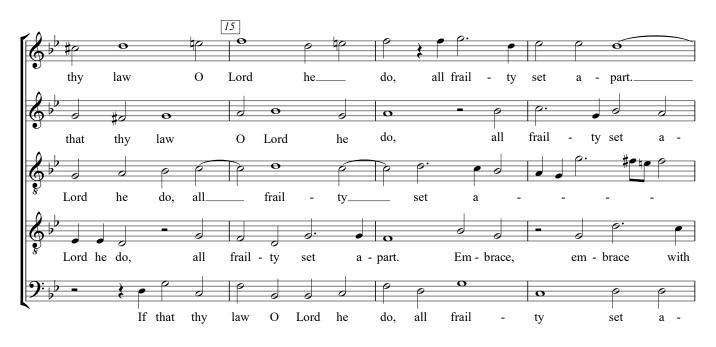
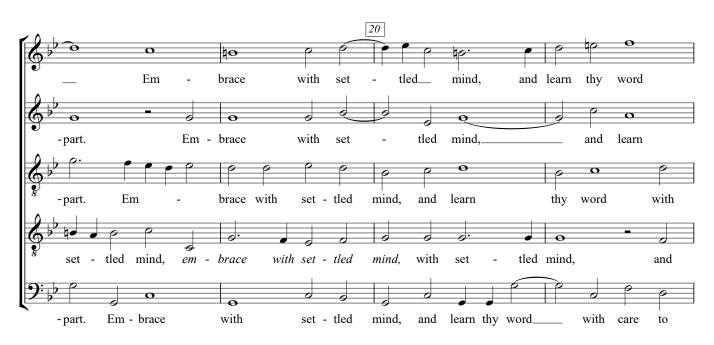
## How shall a young man prone to ill

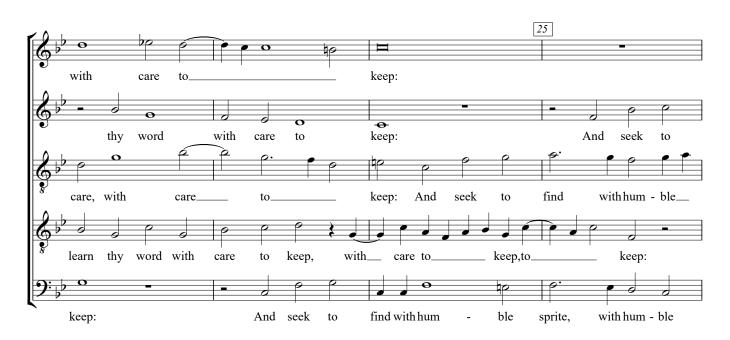


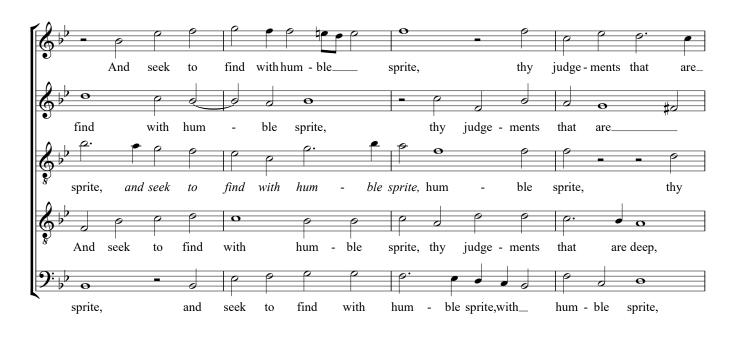


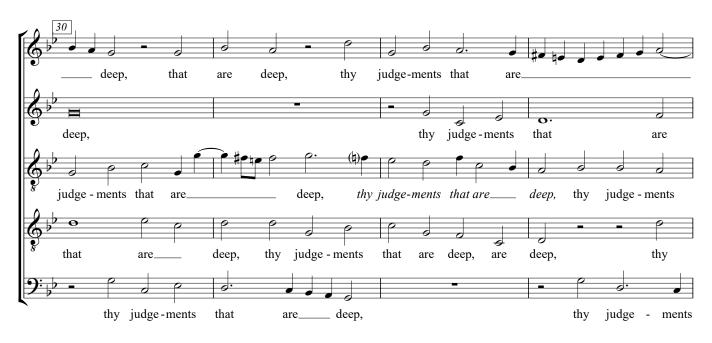


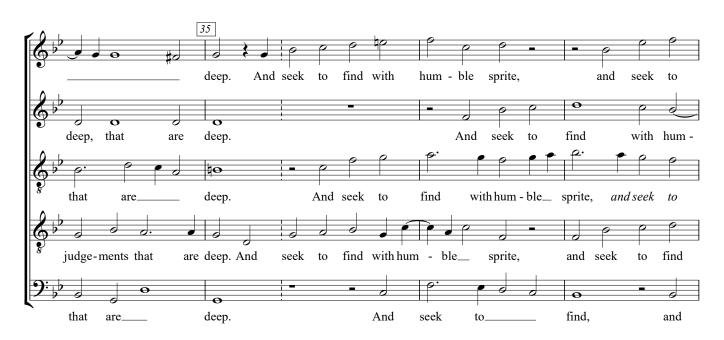














- How shall a young man prone to ill, clense his unbridled heart?
   If that thy law, O Lord hee doe, all frailtie set apart.
  - Embrace with setled minde, and learne thy word with care to keepe: And search to find with humble spirit, thy judgements that are deepe.
- 2. With my whole heart I have thee sought, and searched out thy way:O suffer not that from thy word, I swarve or goe astray.
- 3. Thy woord O Lord, within my heart, least I should thee offend:
  I have laid up as treasure great, for that shall mee defend.
- 4. The Lord is blest, hee shall me teach, the judgements of his mouth, Thereby to rule and dresse the waies, of my untamed youth.
- 5. Thy laws therefore in open place, my lippes shall ever sound:
  And never faile to shew forth that, to which thou hast mee bound.
- For in the way of thy precepts,
   I set my whole delight:
   No wealth, no treasure of the world, so precious in my sight.
- What thou command'st I will think on, With diligent respect:
   And to thy lawes have due regard, for they shall mee protect.
- In thy precepts O Lord, my soule her whole delight hath set: Thy words therefore more pure than gold, I never will forget.

Source: William Byrd, *Psalmes, Sonets, & songs of sadnes and pietie* (London, 1588), no.4. Text: Anonymous metrical version of Psalm 119: 9-16

6-12, all voices: *unbridled* only singable as set if the final syllable is pronounced (in the Elizabethan manner) - led rather than the modern - ld. Variously printed as *unbridled* and *unbrid'led*, with no apparent difference in required pronunciation.

I.11-12: underlay unclear: brid on led of also possible.

Numbering of stanzas above as in all printed sources.

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